

Example of a Family Food Parcel (2 Adults, 3 Children) Cost £58.62

Quantity	Product	Price	Total
3	Heinz Baked Beans In Tomato Sauce 415G	£0.75	£2.25
1	John West Sardines Olive Oil 120Gm	£1.00	£1.00
1	Tesco Mixed Bean Salad In Water 400G	£0.65	£0.65
1	Dolmio Bolognese Original Pasta Sauce 500G	£1.79	£1.79
1	Hartleys Best Raspberry Jam Seedless 340G	£1.60	£1.60
1	Tesco Shake To Salt Crisps 6 X 24 G	£0.77	£0.77
1	Macleans Whitening Toothpaste 100MI	£0.80	£0.80
1	Tesco British Skimmed Longlife Uht Milk 1 Litre	£0.79	£0.79
1	Tesco Classic Instant Coffee 200G	£2.00	£2.00
1	Napolina Chopped Tomatoes 400G	£1.00	£1.00
1	Tesco Italian Tomato Passata 500G	£0.40	£0.40
1	Tesco Naturally Sweet Sweetcorn 325G	£0.50	£0.50
1	Tesco Fusilli Pasta Twists 1Kg	£0.95	£0.95
1	Cadbury Fair Trade Drinking Chocolate Add Milk 250G	£2.00	£2.00
1	Tesco British Garden Peas In Water 290G	£0.40	£0.40
1	Princes Tuna Chunks In Brine 160G	£1.25	£1.25
1	Heinz Big Chicken And Vegetable Soup 400G	£1.18	£1.18
1	Heinz Cream Of Tomato Soup 400G	£0.95	£0.95
1	Heinz Potato And Leek Soup 400G	£0.95	£0.95
1	Tesco Everyday Value Long Grain Rice 1Kg	£0.45	£0.45
1	Tesco Baked Beans In Tomato Sauce 420G	£0.32	£0.32
1	Princes Corned Beef 340G	£2.50	£2.50
1	Nivea Creme Soft Shower Creme 250MI	£1.00	£1.00
1	Napolina Whole Wheat Spaghetti 500G	£1.28	£1.28
1	Cadbury Brunch Chocolate Chip 6 X 32G	£1.99	£1.99
1	Tesco New Potatoes In Water Tinned 567G	£0.65	£0.65
1	Tesco Double Strength Blackcurrant Squash No Added Sugar 1.5L	£1.00	£1.00
1	Nature's Finest Peach In Juice 400G	£1.67	£1.67
1	Granulated Sugar 2Kg	£1.35	£1.35
1	Baxters Vegetarian Carrot And Coriander Soup 400G	£1.10	£1.10
1	Heinz Spaghetti Hoops In Tomato Sauce 400G	£0.75	£0.75
1	Batchelors Cup A Soup Tomato 4 Pack 93G	£1.20	£1.20
2	Ambrosia Creamed Rice 400G Tin	£0.60	£1.20
1	Tesco Everyday Wheat Biscuits Cereal 24 Pack	£0.75	£0.75
1	Pataks Tikka Masala Medium Sauce 450G	£1.89	£1.89

Example of a Family Food Parcel (2 Adults, 3 Children) Cost £58.62

Quantity	Product	Price	Total
1	Tesco Loves Baby Newborn Size 1 Carry Pack 25	£1.00	£1.00
1	Fray Bentos Steak And Kidney 425G	£2.00	£2.00
1	Tesco Stewed Steak 400G	£2.00	£2.00
1	Ye Olde Oak 8 Hot Dogs 400G	£0.50	£0.50
1	Tesco Bolognese Pasta Sauce Smooth 500G	£0.65	£0.65
1	Tesco Tuna Chunks Spring Water 160G	£0.95	£0.95
1	Tesco Rice Snaps Cereal 375G	£1.20	£1.20
1	Pg Tips Pyramid 80 Tea Bags 232G	£2.49	£2.49
1	Huggies Natural Care Wipes Fragranced Sngle Pack 56 Wipes	£1.00	£1.00
1	Always Ultra Normal Size 1 Sanitary Towels 16	£1.90	£1.90
1	Tesco Luxury Fresh Soft Moist 52 Refill Wipes	£1.00	£1.00
1	Tesco Tomato Ketchup Squeezy Bottle 990G	£1.00	£1.00
1	Ambrosia Devon Custard 750G	£2.00	£2.00
1	Mcvities Jaffa Cakes Twin Pack	£1.00	£1.00